



# St. Dennis School STUDENT Hand Hygiene for COVID-19 POLICY

## Handwashing, Cough, & Sneeze Etiquette

Personal hygiene is one of the best ways to reduce disease transmission. St. Dennis School is committed to education and enforcing the use of good hand hygiene in order to limit the spread of germs.

Covering coughs and sneezes and keeping hands clean can help prevent the spread of serious respiratory illnesses like influenza, respiratory syncytial virus (RSV), whooping cough, and COVID-19.

Germs can be easily spread by:

- Coughing, sneezing, or talking
- Touching your face with unwashed hands after touching contaminated surfaces or objects
- Touching surfaces or objects that may be frequently touched by other people

### Handwashing Policy

St. Dennis School/Parish is responsible for educating students how to hand wash: Wash hands with soap and water for at least 20 seconds or use hand sanitizer, depending on the event. It is also expected that parents are reiterating this expectation as well. Every classroom has a hand sanitizer installed next to the sink.

St. Dennis School/Parish is responsible for educating students when to hand wash. Students must wash hands, at a minimum for the following events:

- Upon arrival to school
- When entering and leaving a classroom/between class periods
- After touching mask
- After using the restroom (must use soap and water)
- After recess
- Before and after eating
- After sneezing, coughing, or blowing nose
- When hands are visibly soiled (must use soap and water)
- Prior to leaving school

### Cough & Sneeze Etiquette

St. Dennis School/Parish is responsible for providing tissues in each room, if feasible.

St. Dennis School/Parish is responsible for educating cough and sneeze etiquette to all students. To help stop the spread of germ students should:

- Cover mouth and nose with a tissue when coughing or sneezing
- Throw used tissues in the trash
- If don't have a tissue, cough or sneeze into elbow, not hand
- Use hand sanitizer